



Foods! What and Where to Buy—How to Cook and Serve



Practical Housekeeping

By FLORENCE AUSTIN CHASE.

Sunday Dinner Menu.
 Sardine Canapés
 Chicken Potage
 Mashed Potatoes—Corn Fritters
 Lorraine Salad
 Raspberry Ice with Peaches
 Marguerites
 Coffee



rounds of hot roast. Squeeze a few drops of lemon juice on each sar-

JAP CLAIMS HE IS 'WHITE' MAN

Sues for Right to American Citizenship on Historical Test

HONOLULU, T. H., Aug. 18.—

The United States supreme court will be called upon next October, probably for the first time in history, to decide the "color" of a man in the appeal of Takao Ozawa, Honolulu, Japanese, who is attempting to gain American citizenship by naturalization, according to advice reaching here. Upon the outcome of the test case rests the disposition of several other similar suits in which Japanese have attempted to become naturalized.

Ozawa contends that he is entitled to citizenship on the ground that he has sought to mold his life along strictly American lines in accordance with the best American customs and ideals, and on the further ground that he is "white" and is eligible for citizenship under the law which provides that only a "free white person or person of African descent of nativity" may be naturalized.

Ozawa's efforts to obtain citizenship began here several years ago. The United States district court for Hawaii denied his contention and this decision was upheld by the federal circuit court of the ninth district in California. From this decision he appealed to the supreme court.

Ozawa contended that originally Japanese were of the white race. He traced the history of Japan several thousands of years to the Ainu tribe and said that James M. Beck, solicitor general of the United States state department had expressed the opinion that that particular branch of the Japanese race has characteristics of the Caucasian.

Ozawa came to Hawaii when a young man and was educated in the American schools here. In one of the briefs submitted here Ozawa said that he had taken special pains to educate his children in American public schools in order that they might become loyal American citizens, citizenship having been acquired by them through their birth on American soil. He said his children had not been taught the Japanese language and that "nothing pertaining to Japan or the Japanese had been allowed to creep into their daily lives, education or their religion."

DON'T ROCK THE BABIES

English Expert Gives Warning That Practice Is Harmful.

LONDON—Open who rock their little ones to sleep are warned by Dr. Charles E. Suddell that the practice is a foolish one. The babe who is rocked to sleep soon needs it as a "doper" craves cocaine to relieve his nerves, and the mother thus becomes a cradle slave. Dr. Charles E. Suddell expounds his anti-rocking theory in an article on "Sleeplessness in Infants." He is physician to the Evelina hospital for children and physician in charge of the children's department of the Prince of Wales general hospital, Tottenham.

"Rocking is unnecessary," asserts Doctor Suddell, "but the babe first likes it, then he expects it, and very soon will not go to sleep without it. Then the misguided mother finds that she has forged fetters for herself."

"The doctor who derides cradle rocking has to meet strenuous opposition from parents and nurses, but if he carries his point the day will come when they will turn in their sleep and call him blessed." Vigorous rocking, Doctor Suddell adds, may be harmful to the child in more direct ways.

Using automatic machinery, English meteorologists are obtaining hourly records of the relative foginess of London's atmosphere.



Kills ants
 Flies, roaches, fleas, mosquitoes, bedbugs, potato bugs, cabbage worms and many others. 15c loaded metal gun, packages for refilling guns 30c, 60c, \$1.20. At grocers and drugists.
HOFSTRA
 HOFSTRA Mfg. Co., Tulsa, Okla.

dine and serve with a slice of peeled ripe tomato on each round. Garnish with sprigs of parsley.

CHICKEN SANDWICH—After cleaning and singeing chicken, wipe with cloth wrung out of cold water and cut into joints. Put in stew pot cover with boiling water and cook until tender and reduce water to one pint. Remove chicken, drain, dredge with flour, salt and pepper and brown in hot butter or oil. Fat. Put chicken on hot platter and serve with cream gravy.

CREAM GRAVY—Strain liquor and skim off fat. Melt one tablespoon butter and add one tablespoon flour. When well blended add one cup chicken stock and rich milk. Season with salt and pepper and pour over chicken on platters. If brown gravy is desired, melt butter in pan in which the chicken was browned, brown the butter, add the flour and cook slowly, stirring constantly, until the mixture is a rich brown then add the liquid, using three parts chicken stock to one part milk or cream.

CORN FRITTERS—Mix two cups of cooked corn, which has been drained from the cob, or put through food chopper if canned corn is used, with one and one-half teaspoons salt, dash pepper, two tablespoons milk, three-fourths cup cracker crumbs and one egg well beaten. Beat up well and drop by spoonfuls in deep hot fat, or melt in hot bacon fat. Brown nicely, drain on brown paper and sprinkle with powdered sugar.

LORRAINE SALAD—Shred two heads of lettuce very fine; chop two onions fine and cut one cold cooked beef into cubes. Make layer of lettuce, toss together with onion and beef, marinate with French dressing. Serve on lettuce leaves and garnish with mayonnaise dressing and garnish with slices of olives.

RASPBERRY ICE—Add one cup of sugar to one quart of red raspberries. Cover and let them stand in cool place three hours. Mash and squeeze through double cheese cloth. Add one cup cold water, one tablespoon each of lemon juice and strain into freezer, can also add one

tablespoon orange juice. Pack and freeze, using three parts finely crushed ice to one part rock salt. (If canned raspberries are used, add as much water as raspberry juice and sugar to taste.) When ready to serve, fill sherbet glasses with sliced peaches, sprinkle with sugar and

set a mould of raspberry ice on top of each portion. Garnish with whole, ripe berries.

MARGUERITES—Boil the juice of one large orange with one cup of sugar to soft ball stage. Add one dozen marshmallows, cut into small pieces, and let stand until melted.

Beat the whites of two eggs until stiff and add to mixture, mix thoroughly and beat until it stiffens. Then add one cup of chopped nuts, a few drops of lemon juice and one-half cup coconut. Spread on salted and bake in slow oven until a delicate brown.

Irretrievably Lost.
 The bottom really dropped out of something recently at Springfield. It was the bottom of a well on the A. B. Compton place near Springfield, and to date no one has been found brave enough to go down and try to find it again.

Piggly Wiggly

ALL OVER THE WORLD

Store No. 1 21 East First Store No. 2 Second and Boston Store No. 3 1002 South Main

Red Star FLOUR 24-lb. bag 99c

Swan's Down Cake Flour, per 33c
 Extra large rolls toilet paper, 25c
 No. 2 cans tomatoes, standard pack, per can 10c
 Per case, \$2.35
 B. M. Peaches, in heavy syrup, No. 2 cans, each 25c
 Hale's Leader sliced pineapple in heavy syrup, No. 2 31c
 2 1/2 cans, ea. 31c
 Brans King Washboards, each 49c
 Postum, small pgs., 24c
 Large pgs., 44c

DEMONSTRATION TODAY
 Borden's Chocolate Malted Milk, Borden's Evaporated Milk and Borden's Eagle Brand Milk. Eagle Brand Milk, per can, 21c

COFFEE—Market prices on coffee have been gradually advancing for several weeks, but at Piggly Wiggly you will still find your favorite brand at the same old price.

White House Coffee, per pound 41c
 Folger's Golden Gate, per pound 47c
 Golden Wedding, per lb. 42c
 Folger's Golden Gate, per 3-lb. can \$1.14
 White House, per 2-pound can \$1.19
 Canova, per 3-pound can \$1.24
 Harrington Hall, per 3-lb. can \$1.24
 Harrington Hall, per lb. 47c
 Blankens Faust, blend A, per pound 47c
 Evans High-Grade, per pound 39c
 Also many other well known and popular brands at consistently low prices.

FRUITS AND VEGETABLES
 Concord Grapes, average net weight 5 to 5 1/2 lbs. 35c
 Three Baskets Concord Grapes, \$1.00
 Sweet potatoes, per lb. 31c
 Large home grown cantaloupes, each 21c
 Gravensteins, good size, eating apples, doz. 30c
 Potatoes, per pack (guaranteed full 15 lbs.) 33c
 Bunch goods—carrots, beets and turnips, per bunch 7 1/2c
 Fancy Colorado cabbage, per lb. 4c

C. & H. SUGAR 12 1/2 lbs. \$1.00

A Practical Delivery System for Profitable Buying
 We deliver anywhere in the city for a moderate charge, according to the following schedule:
 \$10.00 orders delivered for 15c
 \$5.00 orders delivered for 20c
 Less than \$5.00 orders delivered for 25c

Quality Meat Market

Store No. 2 Quality Meats at Lowest Prices Store No. 3 1002 South Main

Quality Specials Today
 Fancy Prime Rib, boned and rolled, per pound 25c
 Chuck Roast—12c, 15c, 20c
 Fancy Veal Roast—15c, 20c
 Pure Pork Sausage, link or bulk, lb. 25c
 Strictly first grade Ham, half or whole, per lb. 33c
 Morris & Co. Supreme Butter, pound 37c
 Genuine Spring Lamb, Shoulders, pound 23c
 Fresh Pork Shoulder, half or whole, per lb. 18c
 Leg of Lamb, pound 34c

Plenty of Fancy Young Hens and Fryers

PUBLIC SERVICE MARKET
 PHONE C2654 C1748
 EVERYTHING TO EAT

NORTHEAST CORNER SECOND AND BOULDER

Compound, per lb. 10c
 THREE POUNDS TO EACH CUSTOMER BRING YOUR PAID

Brookfield Butter, per lb. 35c
 1 lb. Nut Oleo 19c
 Fancy Beef Roast, per lb. 12 1/2c
 Fancy Boiling Beef, per lb. 8 1-3c

EXTRA SPECIAL
 Swift's Premium Skinned Hams, half or whole, per lb. 31 1/2c

Fancy English Bacon, sliced, per lb. 29c
 10 lbs. Cane Sugar 83c
 10 bars Naphtha Soap 39c

FRYING CHICKENS, FAT HENS, EVERYTHING FOR LESS
 WE BLAZE THE TRAIL
 \$2 Orders Delivered Free to Any Part of This Wonderful City

Henke's Daily Food Bulletin

Make Our Store Your Headquarters When Up Town

Eat, Drink and Be Merry

TRADERS No. 4

Buick Building Second and Boulder

XCHANGE

Specials for Friday and Saturday Only

Meat Department
 Just out a new imported SWISS CHEESE. Don't forget we have lots of "ripe" NEW YORK FULL CREAM CHEESE. Our BOTTLED MILK is pure Jersey and handled under the most sanitary conditions. NOTE THE CREAM LINE ON EACH BOTTLE! A quart for 15c
 Longhorn Full Cream Cheese, lb. 22c
 Good Smoked Bacon, lb. 17c
 GUARANTEED CREAMERY BUTTER Pure Hog Lard, lb. 12 1/2c
 Home Sliced Bacon, lb. 35c
 5-lb. pail Pure Lard for 79c
 10-lb. pail of Pure Lard for \$1.58
 Prime Rib Roast, lb. for 15c
 Good Chuck Roast, lb. for 12 1/2c
 Spare Ribs, lb. for 11c
 Hamburgers, lb. for 10c
 Veal Roast, lb. for 15c
 Two sets Fresh Brains for 25c
 Good Loin Steak, 22c
 Fancy Corned Beef, lb. for 20c
 Nice lean Pork Chops, lb. 20c

Grocery Department
 10 lbs. Granulated Sugar for 78c
 48 lbs. Kansas Hard Wheat Flour 83c
 24 lbs. Kansas Hard Wheat Flour 43c
 10 bars P. & G. Soap 29c
 Same as above, per cwt. \$1.85
 4 boxes of Matches for 25c
 One 75-cent Broom for 43c
 Swan's Down Cake Flour 34c
 Jell-O 10c
 Jiffy-Jell 15c
 One 30-cent sack of Meal for 23c
 Four 10-cent rolls of Toilet Paper 23c
 3 lbs. of Peas 73c

Delicatessen Dept.
 ALL KINDS OF SALADS
 Cottage Cheese, lb. for 25c
 Mother's Bread, the loaf 5c
 Large Sour Pickles, dozen 25c
 Large Queen Olives, pint 25c

We also carry a complete line of PASTRY GOODS

Peoples Exchange

111-113 East First Street
 FULL LINE OF FRUITS AND VEGETABLES
 All Out-of-Town Orders Given Special Attention
 Messenger Fee—Under Twenty Blocks 15 Cents
 Phone Osage 3644

Order Department Cedar 303 Wholesale Department Cedar 301

"STOP AND SHOP"

WADE P. OWEN, Proprietor.

Kansas City Market

107 South Boston, Between First and Second

Special Saturday and Monday—We Deliver \$5 Orders Free

The most essential part of our business is to satisfy our customers. Clean, Sanitary Refrigerator Display Cases have increased our meat business until we are one of the largest food stores in Tulsa. We give you prices that no store in Tulsa gives you. We do not restrict you on quantity, do not compel you to buy large orders to get our specials like other stores do. Come down to The Kansas City Market and "stop and shop" for your Sunday dinner.

Meat Department
 Choice Spring Chicken 31c
 Choice Dressed Hens 25c
 1-lb. box Cudahy or Wilson Sliced Bacon 38c
 1-lb. pkg. Our Own Sliced Bacon 33c
 Morrell Sugar Cured Bacon 23 1/2c
 Armour Star Skinned Hams 31c
 Nice Dry Salt Meat 12 1/2c
 Cudahy Compound Lard 12 1/2c
 K. C. Choice Rolled Rib Baby Beef 21 1/2c
 K. C. Choice Baby Beef Roast 12 1/2c
 Pot. Roast 10c
 K. C. Choice Loin or Round Baby Beef 22 1/2c
 K. C. Choice Veal Shoulder Roast 12 1/2c
 K. C. Choice Genuine Leg Lamb 22 1/2c
 K. C. Choice Genuine Lamb Chops 22 1/2c
 K. C. Choice Genuine Shoulder Lamb 13 1/2c
 K. C. Choice Pork Loin Roast or Chop 19 1/2c
 K. C. Choice Fresh Spare Ribs 10c
 K. C. Nut Olcomargarine, pound 21c
 1 1/2-lb. can Crisco 28c

Grocery Department
 1 lb. Good Creamery Butter 32c
 10 lbs. C. H. Cane Sugar 79c
 24-lb. sack Red Star Flour 99c
 12-lb. Sack Special Hard Wheat Flour 49c
 10 bars P. & G. Soap 45c
 6 boxes Gold Dust 25c
 4 large rolls Toilet Paper 25c
 3 bars Palmolive Soap 25c
 3 cans Old Dutch Cleanser 25c
 All flavors Jell-O 10c
 12 large cans Carnation or Pet Milk, dozen \$1.15
 1 lb. Hale's Leader Coffee 35c
 No. 2 can Solid Packaged Tomatoes 10c
 2 cans Country Gentleman Corn 25c
 2 cans Early June Peas 25c
 1 large jar preserves 25c
 1 large jar Jelly 20c
 4 pigs Spaghetti or Macaroni 25c
 2 pkgs. Driedonary Coconut 35c
 1 lb. pkg. Hirsch Cocoa 34c

GENS

Cash Stores Co.

15 Stores in Tulsa 1 Store in Sand Springs
 STORE NO. 4 105 South Boston Between First and Second Streets Phone Osage 1702
 One In Your Neighborhood

"We are prepared to serve you best and save you most" Prices listed below are good at all our stores

"FREE DELIVERY"

A PLEASANT TASK—The daily purchases of your groceries, fresh meats, etc., at your GENS STORE is indeed an easy and pleasant task. For you will find the managers and clerks eager to serve you courteously and quickly and to help you make your selections for your Sunday dinner. And best of all they are in a position to sell you dependable merchandise at extremely low prices. In fact, thrift and economy are watchful words at your GENS STORE. Again we say—WE ARE PLEASED TO SERVE YOU.

Saturday Specials

SUGAR 11 lbs. Pure Cane Sugar for 87c
POTATOES 10 lbs. Good Potatoes for 22c

ORANGE NIP

Made from Pure Orange Juice with sugar added. A delightful summer beverage. Pint bottles, 50c value 29c

Quart Ball Mason Jars, dozen 72c
 Certo per bottle 31c
 24-lb. bag Lights Best Flour (none better) 94c
 10 bars Crystal White Soap 43c
 3 pkgs. Argo Gloss Starch 23c
 1-lb. can Calumet Baking Powder 28c
 2 large pkgs. Kellogg's Corn Flakes for 25c
 Quart bottles Heinz Apple Vinegar for 38c
 Large bottles Monarch Ketchup 25c
 6 large 10c rolls Toilet Paper for 34c
 Fancy white enameled Handle Parlor Broom 79c
 No. 2 can Red Pitted Cherries 28c
 Quart Jars Nature's Best Jelly 59c

2 cans No. 2 Early June Peas for 25c

MEAT DEPARTMENT

Climax Creamery Butter 35c
 Armour's Star Skinned Hams, half or whole, per lb. 32c
 Heavy Sugar Cured Bacon, per lb. 24c
 Pork Shoulder Roast, per lb. 17c
 Fancy Corn Fed Beef Roast, per lb. 14c
 Fancy Milk Fed Veal Roast, per lb. 14c
 Beef or Plate Boil, per lb. 9c
 High Grade Sliced Bacon, per lb. 38c
 Nice Young Dressed Hens and Fryers.

COFFEE DEPARTMENT

1-lb. can Hale's Leader Coffee 34c
 1-lb. can Folger's Golden Gate 47c

Fruit and Vegetable Department

Celery
 Bell Peppers
 Turnips
 Leaf Lettuce
 Carrots
 Green Onions
 Head Lettuce
 Green Peas
 Radishes
 California Peas
 Grape Fruit
 Elberta Peaches
 Cauliflower
 Beets
 Rhubarb

GENS

Cash Stores Co.

QUALITY FREE DELIVERY PRICES